

# TRITHLON ENERGY STAROGARD GDAŃSKI 2019

Organizator: Energy Events Sp. z o.o. Sp. k; OSiR w Starogardzie Gdańskim; Fundacja IDEA

Data: 9 czerwca 2019 r.

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Starogard Gdański

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
1	224	SPALENIAK TOMASZ	DOBRCZEWINO	ENDURE TEAM	POL	1990	M1	1	11:07:00	00:15:12 (8)	00:02:05	01:13:11 (4)	00:01:17	00:37:41 (1)	02:09:26	1		
2	304	BIEGAŁA MAREK	DOBRCZEWINO	BIKE U UP - EUROPELL	POL	1984	M2	1	11:07:00	00:16:00 (18)	00:02:36	01:12:34 (3)	00:01:00	00:40:15 (2)	02:12:25	2		
3	360	KOSMALA MACIEJ	ELBLĄG	CZAJA TRAINING SYSTEM	POL	1994	M1	2	11:07:00	00:13:21 (1)	00:02:45	01:16:02 (8)	00:01:07	00:42:39 (6)	02:15:54	3		
4	332	GRODZKI MAREK	GDAŃSK	CTS CZAJA TRAINING SYSTEM	POL	1975	M3	1	11:07:00	00:15:25 (9)	00:03:25	01:13:31 (5)	00:01:17	00:42:53 (7)	02:16:31	4		
5	264	SOSNOWSKI LUKASZ	WIĘCIBORK	ENDURE TEAM	POL	1985	M2	2	11:07:00	00:16:12 (21)	00:02:13	01:15:08 (7)	00:01:09	00:43:21 (9)	02:18:03	5		
6	372	SIEJAKOWSKI MICHAŁ	KWIDZYN	NST/KTS IRONMAN	POL	1979	M3	2	11:07:00	00:14:46 (7)	00:02:11	01:17:49 (11)	00:01:10	00:42:35 (4)	02:18:31	6		
7	313	KORYCKI MAREK	GDAŃSK		POL	1981	M2	3	11:07:00	00:20:02 (111)	00:06:04	00:59:25 (2)	00:01:53	00:52:09 (60)	02:19:33	7		
8	305	TWAROWSKI MICHAŁ	STRASZYN	TRISPACE / JEPPESEN	POL	1973	M3	3	11:07:00	00:16:19 (23)	00:02:40	01:17:16 (10)	00:01:14	00:43:04 (8)	02:20:33	8		
9	330	LENZ MAGDALENA	STAROGARD GDAŃSKI	TRI STAROGARD GDAŃSKI	POL	1988	K2	1	11:07:00	00:15:52 (17)	00:02:12	01:18:48 (14)	00:01:22	00:44:19 (11)	02:22:33		1	
10	335	GORGON CZĘZARY	GDAŃSK	CTS-CZAJATRAININGSYSTEM	POL	1981	M2	4	11:07:00	00:17:17 (40)	00:03:13	01:18:01 (12)	00:01:10	00:43:47 (10)	02:23:28	9		
11	373	BISKUPSKI MARIUSZ	SUSZ	UKS TRS SUSZ	POL	1974	M3	4	11:07:00	00:14:11 (5)	00:02:28	01:20:10 (17)	00:01:22	00:46:34 (22)	02:24:45	10		
12	213	ZALEWSKI KAROL	RUMIA	JATRENUJE	POL	1979	M3	5	11:07:00	00:15:29 (12)	00:02:40	01:20:49 (19)	00:01:14	00:46:59 (25)	02:27:11	11		
13	259	DOBOSIK DAMIAN	ELBLĄG	3ATHLETE	POL	1988	M2	5	11:07:00	00:17:30 (45)	00:02:55	01:20:52 (20)	00:01:38	00:44:24 (12)	02:27:19	12		
14	207	RADCZUK MARCIN	TUCHOM	ENDURE TEAM	POL	1981	M2	6	11:07:00	00:15:26 (10)	00:03:01	01:19:34 (15)	00:01:01	00:48:41 (40)	02:27:43	13		
15	288	PRUCHNICKI RAFAŁ	TORUŃ		POL	1980	M2	7	11:07:00	00:16:58 (35)	00:03:40	01:14:33 (6)	00:01:56	00:50:36 (51)	02:27:43	14		
16	363	NIEMCZUK KAMIL	OLSZTYN	TEAM DAREZTRI / FIZJOTERAPIA MATEUSZ DERLECKI	POL	1984	M2	8	11:07:00	00:16:51 (31)	00:02:26	01:22:07 (23)	00:01:32	00:45:27 (16)	02:28:23	15		
17	242	PIERNICKI KRZYSZTOF	KARCZEMKI	ENDURE TEAM	POL	1980	M2	9	11:07:00	00:14:03 (4)	00:02:42	01:17:14 (9)	00:01:01	00:54:13 (79)	02:29:13	16		
18	266	PARACKI TOMASZ	SIERAKOWICE	F3TEAM	POL	1992	M1	3	11:07:00	00:16:30 (26)	00:03:33	01:22:42 (29)	00:01:20	00:45:14 (15)	02:29:19	17		
19	358	PEDRYCZ HUBERT	TORUN	TORUŃSKI KLUB TRIATHLONOWY	POL	1990	M1	4	11:07:00	00:17:54 (54)	00:04:02	01:23:39 (41)	00:01:45	00:42:37 (5)	02:29:57	18		
20	277	ŻURAWICZ ANDRZEJ	RUMIA	DAREZTRI	POL	1989	M2	10	11:07:00	00:19:22 (91)	00:02:45	01:22:16 (24)	00:01:09	00:44:40 (14)	02:30:12	19		
21	352	LEWANDOWSKI MARCIN	GDYNIA	TRIDEA TEAM	POL	1982	M2	11	11:07:00	00:15:27 (11)	00:02:27	01:25:04 (52)	00:01:32	00:45:52 (19)	02:30:22	20		
22	333	KACPERSKI WOJTEK	OLSZTYN	PERSONALTRIATHLON.PL	POL	1981	M2	12	11:07:00	00:17:10 (38)	00:03:10	01:22:59 (34)	00:01:17	00:45:48 (18)	02:30:24	21		
23	227	SIEKAN GRZEGORZ	TYCHY	POLPHARMA TRI TEAM	POL	1983	M2	13	11:07:00	00:17:59 (56)	00:03:57	01:21:11 (21)	00:01:34	00:45:47 (17)	02:30:28	22		
24	327	IGIELSKI ARMIN	GRUDZIĄDZ	TANCIA TEAM	POL	1975	M3	6	11:07:00	00:15:49 (16)	00:03:03	01:22:55 (30)	00:01:32	00:47:23 (30)	02:30:42	23		
25	203	TOMASZEWICZ DAMIAN	ELBLĄG	TOMASZEWICZ TEAM	POL	1993	M1	5	11:07:00	00:16:02 (19)	00:03:21	01:22:58 (33)	00:01:13	00:47:51 (34)	02:31:25	24		
26	261	SZYTTENHOLM OLWIWER	BYDGOSZCZ	TRISPACE	POL	1982	M2	14	11:07:00	00:18:55 (81)	00:02:31	01:20:25 (18)	00:01:12	00:48:30 (36)	02:31:33	25		
27	376	CIEPIELEWSKI PATRYK	TCZEW	DOVISTA ACTIVE TEAM	POL	1990	M1	6	11:07:00	00:18:38 (68)	00:03:33	01:24:08 (46)	00:01:40	00:44:30 (13)	02:32:29	26		
28	342	ORŁOWSKI PIOTR	OLSZTYN	PERSONALTRIATHLON.PL	POL	1978	M3	7	11:07:00	00:17:58 (55)	00:02:29	01:23:07 (37)	00:01:10	00:48:29 (35)	02:33:13	27		
29	200	ZASADA GRZEGORZ	PUCK	UKS TRI-TEAM RUMIA	POL	1978	M3	8	11:07:00	00:16:53 (32)	00:03:40	01:19:50 (16)	00:01:30	00:51:45 (58)	02:33:38	28		
30	281	SZTAJKOWSKI ŁUKASZ	GDAŃSK	SMARUJ NA TRENING TEAM	POL	1978	M3	9	11:07:00	00:18:43 (72)	00:03:52	01:22:55 (30)	00:01:15	00:47:00 (26)	02:33:45	29		
31	299	GOŹDZIEWICZ PAWEŁ	GDYNIA	COMPLEXSPORTS / BIEGAMYRAZEM.PL	POL	1977	M3	10	11:07:00	00:18:45 (73)	00:02:50	01:22:17 (26)	00:01:22	00:48:39 (39)	02:33:53	30		
32	371	TRAWCZYŃSKI JACEK	BYDGOSZCZ	TRISPACE	POL	1969	M4	1	11:07:00	00:18:40 (70)	00:02:51	01:22:34 (27)	00:01:35	00:48:57 (42)	02:34:37	31		
33	316	PATALON PIOTR	BRATIAN	ORKAMASTERS IŁAWA	POL	1969	M4	2	11:07:00	00:17:43 (51)	00:02:54	01:24:37 (50)	00:01:41	00:47:45 (33)	02:34:40	32		
34	271	GELIŃSKI KAROL	MOSTY		POL	1984	M2	15	11:07:00	00:18:58 (82)	00:03:35	01:22:57 (32)	00:02:26	00:46:46 (23)	02:34:42	33		
35	320	SIŁKOWSKI RADOŚLAW	GDYNIA	HEIZTECHNIK	POL	1975	M3	11	11:07:00	00:19:54 (108)	00:03:39	01:21:54 (22)	00:02:07	00:47:11 (27)	02:34:45	34		
36	339	SALINSKI MICHAŁ	KWIDZYN	TRAKTOR TEAM	POL	1983	M2	16	11:07:00	00:18:12 (59)	00:02:59	01:24:07 (45)	00:01:06	00:48:53 (41)	02:35:17	35		
37	211	KASZTELAN RADOŚLAW	KWIDZYN	NST / KWIDZYN BIKE RACING TEAM	POL	1977	M3	12	11:07:00	00:18:28 (65)	00:03:49	01:23:00 (36)	00:01:35	00:49:01 (43)	02:35:53	36		
38	375	KACZKOWSKA KATARZYNA	STRASZYN		POL	1981	K2	2	11:07:00	00:20:24 (117)	00:03:27	01:24:35 (48)	00:01:37	00:46:01 (20)	02:36:04		2	
39	254	KUC SZYMON	OWIDZ	TRI STAROGARD GDAŃSKI	POL	1986	M2	17	11:07:00	00:19:19 (88)	00:03:05	01:23:35 (40)	00:01:38	00:48:30 (37)	02:36:07	37		
40	265	BOCIAN ŁUKASZ	GDAŃSK	F3TEAM	POL	1982	M2	18	11:07:00	00:15:46 (15)	00:03:51	01:23:10 (38)	00:01:53	00:51:43 (57)	02:36:23	38		
41	356	KULESZA MARIUSZ	GDAŃSK	#CTS CZAJATRAININGSYSTEM/LIBERO BIUROSERWIS	POL	1977	M3	13	11:07:00	00:17:29 (43)	00:02:45	01:27:43 (66)	00:01:21	00:47:12 (28)	02:36:30	39		
42	298	RUTKOWSKI PAWEŁ	OLSZTYN	TRI NEGU/PERSONALTRIATHLON.PL	POL	1979	M3	14	11:07:00	00:16:38 (28)	00:02:47	01:23:57 (43)	00:01:16	00:52:39 (64)	02:37:17	40		
43	318	WACŁAWSKI KRZYSZTOF	IŁAWA	ORKAMASTERS IŁAWA	POL	1965	M4	3	11:07:00	00:16:04 (20)	00:02:52	01:26:09 (61)	00:01:49	00:50:41 (52)	02:37:34	41		
44	349	MAMCARZ JAROSŁAW	TCZEW	TCSIR	POL	1967	M4	4	11:07:00	00:16:23 (24)	00:02:48	01:26:49 (63)	00:01:27	00:50:18 (49)	02:37:45	42		
45	367	SZCZĘSNA MAŁGORZATA	GDYNIA	TRI LADIES/ COMPLEXSPORTS TRIATHLON TEAM	POL	1987	K2	3	11:07:00	00:17:32 (46)	00:03:01	01:25:50 (58)	00:01:54	00:49:37 (44)	02:37:54		3	
46	296	KULKA SERGIUSZ	LESZNOWOLA	TRINEGU	POL	1980	M2	19	11:07:00	00:16:38 (28)	00:02:42	01:25:26 (55)	00:02:00	00:51:11 (54)	02:37:57	43		
47	208	ZARZYCKI JAKUB	OLSZTYN	PERSONAL TRIATHLON	POL	1976	M3	15	11:07:00	00:18:49 (78)	00:02:44	01:24:35 (49)	00:01:43	00:50:12 (48)	02:38:03	44		

# TRITHLON ENERGY STAROGARD GDAŃSKI 2019

Organizator: Energy Events Sp. z o.o. Sp. k; OSiR w Starogardzie Gdańskim; Fundacja IDEA

Data: 9 czerwca 2019 r.

Dystans: 1/4 IRONMAN (0,95-45-10,5)

Miejscowość: Starogard Gdański

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Plywanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
48	201	TREDER WOJCIECH	BANINO		POL	1983	M2	20	11:07:00	00:20:27 (118)	00:03:44	01:18:08 (13)	00:02:02	00:53:59 (75)	02:38:20	45		
49	290	FREITAG JACEK	STAROGARD GDAŃSKI	DREAM TRI TEAM	POL	1990	M1	7	11:07:00	00:16:31 (27)	00:03:02	01:23:40 (42)	00:01:38	00:54:32 (81)	02:39:23	46		
50	218	SZWEDOWSKI BŁAŻEJ	STAROGARD GDAŃSKI	POLPHARMA TRI TEAM	POL	1989	M2	21	11:07:00	00:15:34 (13)	00:02:50	01:25:38 (56)	00:01:26	00:54:25 (80)	02:39:53	47		
51	260	SALAŁA DAWID	SKOWARCZ	HEIZTECHNIK	POL	1978	M3	16	11:07:00	00:17:50 (53)	00:03:46	01:23:59 (44)	00:02:05	00:52:20 (63)	02:40:00	48		
52	204	JAGIELSKI ŁUKASZ	POZNAŃ	KU AZS UAP	POL	1992	M1	8	11:07:00	00:16:16 (22)	00:04:55	01:24:55 (51)	00:02:36	00:51:27 (56)	02:40:09	49		
53	286	KOWALSKI JAROSŁAW	STAROGARD GDAŃSKI	TRI STAROGARD GDAŃSKI	POL	1974	M3	17	11:07:00	00:19:33 (97)	00:02:50	01:26:35 (62)	00:01:48	00:49:45 (45)	02:40:31	50		
54	275	WALENTYNOWICZ ADAM	SOPOT	DOMO TEAM	POL	1981	M2	22	11:07:00	00:18:20 (63)	00:03:13	01:22:16 (25)	00:01:44	00:55:37 (93)	02:41:10	51		
55	362	SZKLARCYK MICHAŁ	WARSZAWA		POL	1990	M1	9	11:07:00	00:16:41 (30)	00:03:02	01:22:39 (28)	00:01:36	00:57:20 (107)	02:41:18	52		
56	235	JĘDRZEJEWSKI DANIEL	STAROGARD GDAŃSKI	POLPHARMA TRI TEAM	POL	1975	M3	18	11:07:00	00:21:15 (125)	00:03:15	01:28:56 (72)	00:01:23	00:47:13 (29)	02:42:02	53		
57	274	BURDYN GRZEGORZ	GDAŃSK	DIVINEBEAUTY / F3TEAM	POL	1982	M2	23	11:07:00	00:18:46 (74)	00:04:19	01:25:40 (57)	00:01:38	00:51:51 (59)	02:42:14	54		
58	258	ŁUKIEWICZ ŁUKASZ	ELBLĄG	TEAK KARAŚ / MEGA	POL	1980	M2	24	11:07:00	00:17:15 (89)	00:03:44	01:24:26 (47)			02:42:17	55		
59	238	STĘPIEŃ MACIEJ	BOJANO	AKADEMIA TRIATHLONU	POL	1972	M3	19	11:07:00	00:20:10 (113)	00:03:39	01:25:10 (53)	00:02:26	00:51:25 (55)	02:42:50	56		
60	278	WADZIŃSKA PAULINA	BYDGOSZCZ	TRISPACE	POL	1984	K2	4	11:07:00	00:20:03 (112)	00:04:37	01:29:01 (73)	00:01:30	00:47:39 (32)	02:42:50		4	
61	240	WODYŃSKI JAN	GDAŃSK	TRIMAMA / SMARUJ NA TRENING TEAM	POL	1987	M2	25	11:07:00	00:17:59 (56)	00:03:41	01:26:02 (59)	00:02:10	00:53:36 (71)	02:43:28	57		
62	256	BETCHER PIOTR	DĄBRÓWKA	TRI STAROGARD GDAŃSKI	POL	1981	M2	26	11:07:00	00:18:18 (62)	00:04:39	01:25:23 (54)	00:00:36	00:54:37 (82)	02:43:33	58		
63	325	RĄCZKOWSKI DARIUSZ	WEJHEROWO		POL	1976	M3	20	11:07:00	00:19:33 (97)	00:03:01	00:55:15 (1)	00:02:44	01:23:12 (145)	02:43:45	59		
64	228	SEROKA ŁUKASZ	PELPLIN	PELPLIN	POL	1988	M2	27	11:07:00	00:17:29 (43)	00:03:38	01:31:05 (84)	00:01:13	00:50:34 (50)	02:43:59	60		
65	270	JĘDRKOWIAK PIOTR	SIERAKOWICE	F3TEAM	POL	1988	M2	28	11:07:00	00:19:29 (96)	00:03:19	01:31:17 (87)	00:01:48	00:48:39 (38)	02:44:32	61		
66	379	DAWIDOWSKI MAREK	KARTUZY	GPEC RUNNERS TEAM	POL	1989	M2	29	11:07:00	00:20:20 (115)	00:03:17	01:32:57 (97)	00:01:37	00:46:27 (21)	02:44:38	62		
67	205	GÓRSKI BARTOSZ	TORUŃ	TORUŃ MULTISPORT TEAM	POL	1983	M2	30	11:07:00	00:18:39 (69)	00:03:36	01:23:23 (39)	00:01:57	00:57:11 (106)	02:44:45	63		
68	355	OLSZEWSKI ADAM	GDYNIA		POL	1971	M3	21	11:07:00	00:22:54 (135)	00:04:07	01:29:04 (74)	00:02:02	00:47:26 (31)	02:45:33	64		
69	215	GŁOWYŃIAK JULIAN	WARSZAWA	POLPHARMA TRI TEAM	POL	1977	M3	22	11:07:00	00:19:33 (97)	00:02:58	01:23:00 (35)	00:01:23	00:58:45 (112)	02:45:39	65		
70	257	PRABUCKI ROBERT	OWIDZ	TRI STAROGARD GDAŃSKI	POL	1983	M2	31	11:07:00	00:19:33 (97)	00:03:17	01:34:35 (104)	00:02:02	00:46:50 (24)	02:46:17	66		
71	303	GOSTOMSKI MARIUSZ	STAROGARD GDAŃSKI	TRI STAROGARD GDAŃSKI	POL	1969	M4	5	11:07:00	00:18:20 (63)	00:03:10	01:29:50 (75)	00:01:46	00:53:57 (74)	02:47:03	67		
72	243	STRYCHOWSKI JAKUB	GDYNIA	COMPLEXSPORTS	POL	1977	M3	23	11:07:00	00:17:40 (50)	00:02:58	01:28:33 (68)	00:02:29	00:55:31 (89)	02:47:11	68		
73	364	JANTA MAREK	GDAŃSK	SMARUJ NA TRENING	POL	1981	M2	32	11:07:00	00:19:41 (103)	00:03:29	01:30:01 (77)	00:02:08	00:52:17 (62)	02:47:36	69		
74	353	BORYNA JAREK	GDAŃSK		POL	1965	M4	6	11:07:00	00:19:25 (93)	00:03:51	01:26:06 (60)	00:01:54	00:56:23 (99)	02:47:39	70		
75	315	MACHNIO MAREK	ŁAWA	ORKAMASTERS ŁAWA	POL	1974	M3	24	11:07:00	00:19:27 (95)	00:03:52	01:26:58 (64)	00:01:52	00:55:35 (91)	02:47:44	71		
76	338	HARASIMIUK-GRODZKA MAŁGORZATA	GDANSK	CTS CZAJA TRAINING SYSTEM	POL	1977	K3	1	11:07:00	00:20:59 (122)	00:02:53	01:28:50 (70)	00:02:05	00:53:05 (68)	02:47:52		5	
77	329	MELLER MICHAŁ	STAROGARD GDAŃSKI	TRI STAROGARD GDAŃSKI	POL	1973	M3	25	11:07:00	00:16:27 (25)	00:02:55	01:30:22 (80)	00:01:58	00:56:38 (102)	02:48:20	72		
78	294	SKOCKI BARTŁOMIEJ	KURZĘTNIK	ORKAMASTERS ŁAWA	POL	1979	M3	26	11:07:00	00:19:52 (107)	00:03:33	01:29:54 (76)	00:02:10	00:53:17 (69)	02:48:46	73		
79	368	DOBOSZ MICHAŁ	GDYNIA	COMPLEXSPORTS TRIATHLON TEAM	POL	1976	M3	27	11:07:00	00:18:50 (80)	00:03:20	01:31:52 (91)	00:02:06	00:52:49 (66)	02:48:57	74		
80	230	GIZICKI MAREK	WARSZAWA		POL	1977	M3	28	11:07:00	00:14:17 (6)	00:05:08	01:31:58 (94)	00:04:09	00:54:10 (78)	02:49:42	75		
81	378	ORŁOWSKI ARTUR	ROTMANKA		POL	1977	M3	29	11:07:00	00:19:58 (110)	00:03:42	01:30:33 (81)	00:02:54	00:52:49 (67)	02:49:56	76		
82	300	BIBIK ŁUKASZ	GDAŃSK	BRĄK	POL	1995	M1	10	11:07:00	00:16:55 (34)	00:03:25	01:35:56 (112)	00:03:56	00:49:50 (46)	02:50:02	77		
83	351	SPRĄCZKOWSKI KRZYSZTOF	GDAŃSK	SPORT-EVO	POL	1969	M4	7	11:07:00	00:19:43 (104)	00:04:04			00:50:12 (47)	02:50:06	78		
84	345	NIEMCZUK WALDEMAR	OLSZTYN		POL	1962	M4	8	11:07:00	00:20:19 (114)	00:03:34	01:32:02 (95)	00:02:02	00:52:11 (61)	02:50:08	79		
85	237	BENDIG MICHAŁ	STAROGARD GDAŃSKI	TRI STAROGARD GDAŃSKI	POL	1993	M1	11	11:07:00	00:18:41 (71)	00:04:27	01:31:53 (92)	00:02:05	00:53:44 (73)	02:50:50	80		
86	252	KNUT SEWERYN	STAROGARD GDAŃSKI	TRI STAROGARD GDAŃSKI	POL	1975	M3	30	11:07:00	00:21:32 (127)	00:03:42	01:30:16 (79)	00:02:05	00:53:19 (70)	02:50:54	81		
87	276	MIKA TOMASZ	LATCHORZEW		POL	1977	M3	31	11:07:00	00:19:08 (84)	00:03:57	01:35:28 (107)	00:01:31	00:51:06 (53)	02:51:10	82		
88	310	GASZKOWSKI ŁUKASZ	OCYPEL	TRI SATROGARD	POL	1982	M2	33	11:07:00	00:18:48 (76)	00:03:48	01:31:28 (88)	00:02:04	00:55:09 (84)	02:51:17	83		
89	295	BOGUSZ WALDEMAR	TCZEW	TCZEW	POL	1962	M4	9	11:07:00	00:17:37 (48)	00:03:18	01:31:54 (93)	00:02:21	00:56:14 (98)	02:51:24	84		
90	380	KLUCZYK ARTUR	ELBLĄG	TOMASZEWICZ TEAM	POL	1994	M1	12	11:07:00	00:16:53 (32)	00:03:22	01:27:48 (67)	00:01:40	01:01:44 (128)	02:51:27	85		
91	357	CZAUS ADAM	GDYNIA	TURBINKI.COM.PL	POL	1984	M2	34	11:07:00	00:17:08 (37)	00:03:54	01:30:54 (83)	00:01:54	00:57:50 (109)	02:51:40	86		
92	365	LAMEK WOJCIECH	TCZEW	APATOR METRIX S.A.	POL	1988	M2	35	11:07:00	00:18:12 (59)	00:03:35	01:32:18 (96)	00:01:22	00:56:27 (101)	02:51:54	87		
93	354	BUDZANOWSKI PAWEŁ	STAROGRD GDAŃSKI	TRI STG	POL	1990	M1	13	11:07:00	00:19:12 (86)	00:04:10	01:31:11 (85)	00:01:57	00:56:24 (100)	02:52:54	88		
94	233	KARWATOWSKI ROBERT	BRZEŹNO WIELKIE	POLPHARMA TRI TEAM	POL	1976	M3	32	11:07:00	00:19:21 (90)	00:03:15	01:33:02 (98)	00:01:36	00:55:41 (95)	02:52:55	89		

# TRITHLON ENERGY STAROGARD GDAŃSKI 2019

Organizator: Energy Events Sp. z o.o. Sp. k; OSiR w Starogardzie Gdańskim; Fundacja IDEA

Data: 9 czerwca 2019 r.

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Starogard Gdański

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
95	206	KOWALIK MARCIN	GDAŃSK	SMARUJ NA TRENING TEAM	POL	1984	M2	36	11:07:00	00:17:23 (41)	00:03:40	01:35:21 (106)	00:01:21	00:55:25 (88)	02:53:10	90		
96	264	WOJCIECHOWSKI TOMASZ	TORUŃ	TORUŃSKI KLUB TRIATHLONOWY	POL	1971	M3	33	11:07:00	00:17:32 (46)	00:03:40	01:30:06 (78)	00:02:08	01:00:30 (120)	02:53:56	91		
97	373	ŁOPACIŃSKI TOMASZ	GDAŃSK	SPORTEVO	POL	1978	M3	34	11:07:00	00:18:05 (58)	00:03:30	01:31:37 (89)	00:01:58	00:59:04 (116)	02:54:14	92		
98	370	RUBAJ ADAM	KWIDZYN	KTS IRONMAN	POL	1974	M3	35	11:07:00	00:18:47 (75)	00:03:42	01:27:02 (65)	00:02:35	01:02:24 (130)	02:54:30	93		
99	231	KRUPIAK KATARZYNA	KORZYSTNO	ROWERY MAŁGOŚKA	POL	1986	K2	5	11:07:00	00:17:44 (52)	00:03:13	01:38:04 (120)	00:01:24	00:54:07 (77)	02:54:32		6	
100	220	JĘŻAK KONRAD	GDAŃSK	DECATHLON TEAM KARTUSKA	POL	1997	M1	14	11:07:00	00:23:08 (138)	00:03:01	01:28:45 (69)	00:01:32	00:58:18 (111)	02:54:44	94		
101	202	SZTAJKOWSKI MARCIN	GDAŃSK		POL	1983	M2	37	11:07:00	00:19:36 (101)	00:04:01	01:33:54 (102)	00:01:41	00:55:32 (90)	02:54:44	95		
102	292	BASARA IWONA	STAROGARD GDAŃSKI	TRI STAROGARD GDAŃSKI	POL	1992	K1	1	11:07:00	00:17:23 (41)	00:03:09	01:38:07 (121)	00:01:08	00:55:04 (83)	02:54:51		7	
103	301	BIANKOWSKI PIOTR	RUMIA	BIANKOWSKI TEAM	POL	1975	M3	36	11:07:00	00:14:00 (3)	00:03:46	01:34:14 (103)	00:02:14	01:01:23 (126)	02:55:37	96		
104	247	BOJANOWSKI DANIEL	GDAŃSK	BJORD	POL	1978	M3	37	11:07:00	00:17:39 (49)	00:05:06	01:33:48 (101)	00:02:35	00:56:59 (103)	02:56:07	97		
105	251	KARWOWSKI JAROSŁAW	GDAŃSK		POL	1985	M2	38	11:07:00	00:19:14 (87)	00:03:53	01:35:51 (111)	00:01:53	00:55:37 (94)	02:56:28	98		
106	366	STOLAREK WERONIKA	GDAŃSK	COMPLEXSPORTS/ TRI LADIES	POL	1984	K2	6	11:07:00	00:21:46 (128)	00:04:06	01:33:40 (99)	00:01:58	00:55:13 (85)	02:56:43		8	
107	321	KWIDZIŃSKI KRZYSZTOF	GDYNIA	PURTKI	POL	1973	M3	38	11:07:00	00:18:31 (66)	00:03:51	01:36:15 (114)	00:01:56	00:57:01 (104)	02:57:34	99		
108	209	LIANA JOLANTA	BANINO	.)	POL	1977	K3	2	11:07:00	00:19:20 (89)	00:04:07	01:35:30 (108)	00:01:55	00:57:28 (108)	02:58:20		9	
109	369	GORGON ANGELIKA	GDAŃSK	POWERHOUSE PILATES STUDIO	POL	1987	K2	7	11:07:00	00:19:56 (109)	00:03:59	01:36:43 (116)	00:02:00	00:55:47 (96)	02:58:25		10	
110	223	SZAFRAŃSKI MAREK	MOSTY	BBL AWF GDAŃSK	POL	1961	M4	10	11:07:00	00:18:34 (67)	00:03:43	01:39:17 (123)	00:03:11	00:53:44 (72)	02:58:29	100		
111	222	SCHLUETER BERNARD	JAROTY	PERSONAL TRIATHLON	POL	1979	M3	39	11:07:00	00:19:26 (94)	00:04:00	01:30:44 (82)	00:02:13	01:02:39 (132)	02:59:02	101		
112	341	ZŁOCH ALEKSANDER	GDYNIA		POL	1996	M1	15	11:07:00	00:19:47 (106)	00:03:23	01:31:16 (86)	00:01:58	01:03:12 (134)	02:59:36	102		
113	361	SOSNOWSKI JAROSŁAW	TCZEW	BIEGĄCY TCZEW	POL	1972	M3	40	11:07:00	00:20:22 (116)	00:05:50	01:40:08 (128)			03:00:16	103		
114	331	LASKOWSKI LESZEK	GDAŃSK	CIESZ SIĘ ŻYCIEM!	POL	1983	M2	39	11:07:00	00:19:22 (91)	00:04:20	01:38:35 (122)	00:02:37	00:55:36 (92)	03:00:30	104		
115	268	POREDA PIOTR	GDAŃSK	F3TEAM	POL	1986	M2	40	11:07:00	00:19:40 (102)	00:04:46	01:28:55 (71)	00:02:53	01:04:22 (137)	03:00:36	105		
116	280	GIZICKI PAWEŁ	GDYNIA		POL	1972	M3	41	11:07:00	00:20:54 (121)	00:04:37	01:31:38 (90)	00:02:57	01:00:37 (121)	03:00:43	106		
117	253	SZYPNIK MACIEJ	IŁAWA	ORKAMASTERS IŁAWA	POL	1972	M3	42	11:07:00	00:18:59 (83)	00:03:31	01:44:21 (139)	00:01:55	00:52:41 (65)	03:01:27	107		
118	314	ATRASZKIEWICZ MAGDA	GDAŃSK		POL	1974	K3	3	11:07:00	00:22:02 (129)	00:04:20	01:35:14 (105)	00:02:41	00:58:53 (115)	03:03:10		11	
119	248	PAWLAK DEZYDERIA	GDYNIA	CTS	POL	1980	K2	8	11:07:00	00:18:48 (76)	00:04:21	01:40:15 (129)	00:01:29	00:58:49 (113)	03:03:42		12	
120	328	BEDNAREK KRZYSZTOF	GDYNIA	SPORTEVO	POL	1968	M4	11	11:07:00	00:24:46 (140)	00:05:04	01:35:57 (113)	00:02:50	00:55:14 (86)	03:03:51	108		
121	344	DĘBICKI ARTUR	GDYNIA		POL	1968	M4	12	11:07:00	00:17:03 (36)	00:04:43	01:39:38 (125)	00:03:09	01:00:25 (119)	03:04:58	109		
122	236	SLISEWSKI TOMASZ	STAROGARD GDAŃSKI	POLPHARMA TRI TEAM	POL	1973	M3	43	11:07:00	00:22:09 (130)	00:05:18	01:41:01 (133)	00:01:20	00:55:24 (87)	03:05:12	110		
123	284	SROKA JERZY	BORZECHOWO	TRI STAROGARD GD.	POL	1966	M4	13	11:07:00	00:22:55 (136)	00:03:00	01:37:11 (118)	00:01:29	01:01:21 (125)	03:05:56	111		
124	214	RAKIEL BARTOSZ	GDAŃSK	POLPHARMA TRI TEAM	POL	1983	M2	41	11:07:00	00:23:06 (137)	00:04:22	01:33:42 (100)	00:02:33	01:02:19 (129)	03:06:02	112		
125	289	KOŚCIESZA ROBERT	OLSZTYN	TRI NEGU	POL	1972	M3	44	11:07:00	00:18:13 (61)	00:05:05	01:39:55 (126)	00:01:55	01:00:58 (122)	03:06:06	113		
126	229	KASZOREK MARTYNA	GDYNIA	POLPHARMA TRI TEAM	POL	1991	K1	2	11:07:00	00:21:13 (124)	00:04:33	01:39:36 (124)	00:02:02	00:58:53 (114)	03:06:17		13	
127	226	KRAŚNIEWSKI PIOTR	NOWA WIEŚ RZECZNA		POL	1993	M1	16	11:07:00	00:19:45 (105)	00:03:32	01:35:39 (110)	00:02:56	01:04:34 (138)	03:06:26	114		
128	326	KRZYŻANOWSKI PIOTR	GDYNIA		POL	1991	M1	17	11:07:00	00:19:10 (85)	00:03:24	01:41:29 (135)	00:01:21	01:01:34 (127)	03:06:58	115		
129	319	SZUBERT KATARZYNA	SIWIAŁKA	SKL FILIPPIDES STAROGRAD GDAŃSKI	POL	1985	K2	9	11:07:00	00:22:53 (134)	00:04:20	01:40:21 (131)	00:02:08	00:57:58 (110)	03:07:40		14	
130	239	MIZIAŃSKI PAWEŁ	REDA	TORUS- FUNDACJA JEPPESENA	POL	1990	M1	18	11:07:00	00:13:51 (2)	00:02:38	02:07:41 (148)	00:01:48	00:42:24 (3)	03:08:22	116		
131	340	PULTOWICZ ŁUKASZ	GDYNIA		POL	1983	M2	42	11:07:00	00:24:56 (142)	00:04:19	01:37:21 (119)	00:02:10	00:59:53 (118)	03:08:39	117		
132	322	BARANCZYK PIOTR	STAROGARD GDAŃSKI		POL	1986	M2	43	11:07:00	00:22:27 (131)	00:06:48	01:41:24 (134)	00:03:00	00:55:52 (97)	03:09:31	118		
133	359	GRACZ KATARZYNA	LUBICHOWO		POL	1984	K2	10	11:07:00	00:21:10 (123)	00:03:41	01:41:34 (136)	00:02:14	01:00:59 (123)	03:09:38		15	
134	282	MADZIĄG MARCIN	GDYNIA	I-ROMAN	POL	1977	M3	45	11:07:00	00:20:30 (119)	00:05:07	01:36:22 (115)	00:02:31	01:05:11 (140)	03:09:41	119		
135	246	GACEK JAROSŁAW	SKARSZEWY		POL	1975	M3	46	11:07:00	00:24:46 (140)	00:04:24	01:35:35 (109)	00:02:05	01:02:58 (133)	03:09:48	120		
136	234	MELLER MARIUSZ	STAROGARD GDAŃSKI	POLPHARMA TRI TEAM	POL	1974	M3	47	11:07:00	00:27:37 (149)	00:05:32	01:42:34 (137)	00:01:35	00:54:03 (76)	03:11:21	121		
137	241	BOGALECKI MAREK	GDAŃSK	SAFE SPORT TEAM	POL	1957	M5	1	11:07:00	00:21:23 (126)	00:06:29	01:36:57 (117)	00:03:14	01:04:43 (139)	03:12:46	122		
138	279	MAŁKIŃSKI JÓZEF	BYDGOSZCZ		POL	1957	M5	2	11:07:00	00:20:35 (120)	00:05:06	01:45:13 (140)	00:02:35	01:02:35 (131)	03:16:04	123		
139	336	NIERZWICKA AGNIESZKA	SKARSZEWY	TRI STAROGARD GDAŃSKI	POL	1986	K2	11	11:07:00	00:22:51 (132)	00:03:45	01:45:59 (141)	00:01:51	01:03:35 (135)	03:18:01		16	
140	273	JABŁOŃSKA EWA	KRYNICA-ZDROJ	F3TEAM	POL	1986	K2	12	11:07:00	00:27:17 (148)	00:05:33	01:47:19 (142)	00:02:29	00:57:07 (105)	03:19:45	17		
141	250	KIEDYK PAWEŁ	RADUNICA	TEACHER	POL	1982	M2	44	11:07:00	00:26:16 (146)	00:06:28	01:40:00 (127)	00:04:00	01:03:48 (136)	03:20:32	124		

# TRITHLON ENERGY STAROGARD GDAŃSKI 2019

Organizator: Energy Events Sp. z o.o. Sp. k; OSiR w Starogardzie Gdańskim; Fundacja IDEA

Data: 9 czerwca 2019 r.

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Starogard Gdański

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
142	297	GRALIK ARTUR	ELBLĄG	ETT - ELBLĄG TRIATHLON TEAM	POL	1987	M2	45	11:07:00	00:15:42 (14)	00:04:24	01:40:18 (130)	00:04:24	01:15:57 (144)	03:20:45	125		
143	350	ZIELIŃSKI MARCIN	LUBICZ GÓRNY	PRZYSTANEK PIEKUŚ	POL	1993	M1	19	11:07:00	00:25:14 (144)	00:04:19	01:48:32 (144)	00:01:32	01:01:13 (124)	03:20:50	126		
144	232	LIDKA MACIEJ	STAROGARD GDAŃSKI	POLPHARMA TRI TEAM	POL	1987	M2	46	11:07:00	00:25:11 (143)	00:05:06	01:40:40 (132)	00:00:51	01:09:23 (141)	03:21:11	127		
145	347	OLSZEWSKA KARINA	GDYNIA		POL	1977	K3	4	11:07:00	00:22:52 (133)	00:04:18	01:43:17 (138)	00:01:48	01:10:50 (142)	03:23:05		18	
146	323	DURKIEWICZ ALEKSANDER	BRANIEWO		POL	1974	M3	48	11:07:00	00:18:49 (78)	00:08:16	01:53:58 (146)	00:03:57	00:59:29 (117)	03:24:29	128		
147	302	ORZOŁ ELŻBIETA	GDYNIA	COMPLEXSPORTS TRI LADIES	POL	1967	K4	1	11:07:00	00:25:20 (145)	00:06:55	01:49:58 (145)	00:04:10	01:11:37 (143)	03:38:00		19	
148	308	PRUSZYŃSKA MARLENA	TCZEW	TRI STAROGARD GDAŃSKI	POL	1967	K4	2	11:07:00	00:24:10 (139)	00:05:03	01:57:35 (147)	00:02:24	01:23:16 (146)	03:52:28		20	
149	324	BRUSKI DARIUSZ	GDAŃSK	AUTOBUS Z NAPISEM: KONIEC WYŚCIGU.	POL	1963	M4	14	11:07:00	00:26:24 (147)	00:07:01	01:48:01 (143)	00:03:46	01:29:08 (147)	03:54:20	129		